

Present: Ruth, Liz, Rainbow, Jing Sun, Marie

Students alternately read aloud the first two paragraphs on page 5 of

Ask Elizabeth: Politically-correct speech

Discussed the list of old terms and substitute PC terms for nouns and adjectives on page 5.

Ex. deaf for person with hearing disability, first year student for freshman, senior citizen for old person.

Students nodded politely, but seemed puzzled by the rationale for some of these suggested changes.

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Following a silent reading of "Happy New Year - Walk Your Way to a Happy 2018"

on page 30 of *Northern Connection* magazine there was an interesting discussion of the healthful practices each student enjoys as well as how treatment modalities and the availability of medication and vitamin supplements differ from country to country.

Probably the most significant learning/take away for the students was to use in conversation the words "I **take** a pill for high blood" in place of "I **eat** a pill for high blood pressure".

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Class concluded with a fill in the block game which asked the students to think of and write as many items beginning with the letters S T B M G in the following categories: animals, food/drink and things to wear .

This activity created an atmosphere of collegiality and fun rather than competition because the game allowed everyone to participate at their own level and encouraged them to "brainstorm" together.

Elizabeth Murphy